



Support at Home Rates Card - Newcastle Hunter

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Effective Date: 1st July 2026 - Rates are per hour unless specified

Prices for common services delivered by Just Better Care staff or associated providers

	Weekday	Weeknight	Saturday	Sunday	Public holidays
Independence					
Personal care	\$ 135.00	\$ 156.00	\$ 205.00	\$ 239.00	\$ 273.00
Respite care	\$ 125.00	\$ 145.00	\$ 189.00	\$ 220.00	\$ 252.00
Social support and community engagement (up to 10km travel)	\$ 138.00	\$ 158.00	\$ 202.00	\$ 235.00	\$ 265.00
Social support and community engagement (10-30km travel)	\$ 157.00	\$ 177.00	\$ 221.00	\$ 252.00	\$ 284.00
Social support and community engagement (30-50km travel)	\$ 189.00	\$ 209.00	\$ 253.00	\$ 284.00	\$ 316.00
Social support and community engagement (50-70km travel)	\$ 221.00	\$ 241.00	\$ 285.00	\$ 316.00	\$ 348.00
Remedial massage therapy	\$ 235.00				
Everyday living					
General house cleaning and laundry service	\$ 120.00	\$ 138.00	\$ 180.00	\$ 220.00	\$ 240.00
Meal preparation	\$ 125.00	\$ 145.00	\$ 189.00	\$ 230.00	\$ 252.00
Shopping assistance (up to 10km travel)	\$ 138.00	\$ 158.00	\$ 202.00	\$ 235.00	\$ 265.00
Shopping assistance (10-30km travel)	\$ 157.00	\$ 177.00	\$ 221.00	\$ 252.00	\$ 284.00
Shopping assistance (30-50km travel)	\$ 189.00	\$ 209.00	\$ 253.00	\$ 284.00	\$ 316.00
Shopping assistance (50-70km travel)	\$ 221.00	\$ 241.00	\$ 285.00	\$ 316.00	\$ 348.00
Delivered meals (per meal)	\$ 20.00				
Gardening, lawnmowing and home repairs	\$ 150.00				
Clinical					
Nursing care - registered nurse	\$ 190.00	\$184.00	\$270.00	\$330.00	\$378.00
Nursing care -enrolled nurse	\$ 160.00	\$181.00	\$225.00	\$275.00	\$315.00
Care management - clinical	\$ 190.00				
Care management - non clinical	\$ 160.00				
Dietetics/nutrition	\$ 280.00				
Exercise physiology	\$ 260.00				
Exercise physiology - group classes (per person)	\$ 50.00				
Occupational therapy	\$ 260.00				
Physiotherapy	\$ 260.00				
Podiatry	\$ 240.00				
Speech pathology	\$ 280.00				