



Support at Home Rates Card - Gold Coast

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Effective Date: 3rd August 2026

Pricing for common services delivered by Just Better Care staff

Service type	Service	Weekday	Weeknight	Saturday	Sunday	Public holidays
Independence						
Personal care	Assistance with self-care and activities of daily living	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Assistance with the self-administration of medication	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Continence management (non-clinical)	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
Social support and community engagement	Individual social support	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Individual social support (up to 10km travel)	\$ 136.95	\$ 157.49	\$ 205.43	\$ 273.90	\$ 342.38
	Individual social support (10 - 30km travel)	\$ 162.80	\$ 187.22	\$ 244.20	\$ 325.00	\$ 407.00
	Individual social support (30 - 50km travel)	\$ 185.90	\$ 213.79	\$ 278.85	\$ 371.80	\$ 464.75
	Accompanied activities	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Accompanied activities (up to 10km travel)	\$ 136.95	\$ 157.49	\$ 205.43	\$ 273.90	\$ 342.38
	Accompanied activities (10 - 30km travel)	\$ 162.80	\$ 187.22	\$ 244.20	\$ 325.00	\$ 407.00
	Accompanied activities (30 - 50km travel)	\$ 185.90	\$ 213.79	\$ 278.85	\$ 371.80	\$ 464.75
	Cultural support	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Cultural support (up to 10km travel)	\$ 136.95	\$ 157.49	\$ 205.43	\$ 273.90	\$ 342.38
	Cultural support (10 - 30km travel)	\$ 162.80	\$ 187.22	\$ 244.20	\$ 325.00	\$ 407.00
	Cultural support (30 - 50km travel)	\$ 185.90	\$ 213.79	\$ 278.85	\$ 371.80	\$ 464.75
	Digital education and support	\$ 180.00	\$ 213.79	\$ 278.85	\$ 371.80	\$ 464.75
	Assistance to maintain personal affairs	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
Respite	Respite care	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Respite Sleepover	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
Transport (per trip)	Direct transport (up to 10km)	\$ 80.00	\$ 92.00	\$ 120.00	\$ 160.00	\$ 200.00
	Direct transport (10 - 30km)	\$ 100.00	\$ 115.00	\$ 150.00	\$ 200.00	\$ 250.00
	Direct transport (30 - 50km)	\$ 120.00	\$ 138.00	\$ 180.00	\$ 240.00	\$ 300.00
Everyday living						
Domestic assistance	General house cleaning	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Laundry services	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
	Shopping assistance (up to 10km travel)	\$ 136.95	\$ 157.49	\$ 205.43	\$ 273.90	\$ 342.38
	Shopping assistance (including 10 - 30km travel)	\$ 162.80	\$ 187.22	\$ 244.20	\$ 325.00	\$ 407.00
	Shopping assistance (including 30 - 50km travel)	\$ 185.90	\$ 213.79	\$ 278.85	\$ 371.80	\$ 464.75
Meals	Meal preparation	\$ 119.50	\$ 137.43	\$ 179.25	\$ 239.00	\$ 298.75
Clinical supports						
Nursing care	Registered nurse	\$ 200.00	\$ 230.00	\$ 300.00	\$ 400.00	\$ 500.00
Care management	Non-clinical care management	\$ 180.00	\$ 207.00	\$ 270.00	\$ 360.00	\$ 450.00
	Clinical care management	\$ 200.00	\$ 230.00	\$ 300.00	\$ 400.00	\$ 500.00
	Restorative care management	\$ 200.00	\$ 230.00	\$ 300.00	\$ 400.00	\$ 500.00

Pricing for common services delivered by associated provider

Everyday living					
Home maintenance and repairs	Gardening	\$ 121.00	Meal delivery (per meal)	Small meal	\$ 10.00
				Large meal	\$ 15.00
Clinical supports					
Occupational therapist - Initial Assessment per hour		\$ 378.00	Physiotherapist - Initial Assessment per hour		\$ 378.00
Occupational therapist - Follow up consultation per hour		\$ 378.00	Physiotherapist - 45 minutes		\$ 249.00
Occupational therapist - Equipment trial		\$ 378.00	Physiotherapist - 30 minutes		\$ 210.00
Podiatrist - Initial Assessment per hour		\$ 330.00	Exercise Physiology - Hour		\$ 378.00
Podiatrist - Standard Consultation - 30 minutes		\$ 230.00	Exercise Physiology - 45 minutes		\$ 249.00
Podiatrist - Extended Consultation - 45 minutes		\$ 300.00	Exercise Physiology - 30 minutes		\$ 210.00
Dietetics - Initial Consultation per hour		\$ 420.00	Speech Pathology		\$ 310.00
Dietetics - Standard Consultation		\$ 310.00			
Independence					
Acupuncturist		\$170.00	Remedial masseuse		\$225.00
Chiropractor		\$440.00	Osteopath		\$242.00

Prices are per hour, unless otherwise specified

Cancellation policy: We require a minimum of 48 hours' notice for any cancellations or changes to scheduled services. If less than 48 hours' notice is provided, a cancellation fee may be charged to cover costs incurred.