



Support at Home Rates Card - Sunshine Coast Pty Ltd

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Effective Date: 20th July 2026

Pricing for common services delivered by Just Better Care staff						
Service type	Service	Weekday	Weeknight	Saturday	Sunday	Public holidays
Independence						
Personal care	Assistance with self-care and activities of daily living	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Assistance with the self-administration of medication	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Assist 30mins with self-care and activities of daily living	\$80.00	\$100.00	\$120.00	\$140.00	\$180.00
	Assist 30mins with the self-administration of medication	\$80.00	\$100.00	\$120.00	\$140.00	\$180.00
	Continence management (non-clinical)	\$155.00	\$193.75	\$232.50	\$271.25	\$348.75
Social support and community engagement	Social Support - no travel	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Social Support and community engagement (1-10km)first hr is inclusive of km's, then standard hrly rate applies	\$134.20	\$170.20	\$194.20	\$254.20	\$314.20
	Social Support and community engagement (10-30km)	\$162.60	\$198.60	\$222.60	\$282.60	\$342.60
	Social Support and community engagement (30-50km)	\$191.00	\$227.00	\$251.00	\$311.00	\$371.00
	Social Support and community engagement (50-80km)	\$233.60	\$269.60	\$293.60	\$353.60	\$413.60
	Social Support and community engagement (80-110km)	\$276.20	\$312.20	\$336.20	\$396.20	\$456.20
	Accompanied activities	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Cultural support	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Digital education and support	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Assistance to maintain personal affairs	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
	Respite care	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
Transport (per trip)	Direct transport up to 10km	\$94.20	\$114.20	\$194.20	\$254.20	\$314.20
	Direct transport (10 - 30km)	\$162.60	\$198.60	\$222.60	\$282.60	\$342.60
	Direct transport (30 - 50km)	\$191.00	\$227.00	\$251.00	\$311.00	\$371.00
	Direct transport (50-80km)	\$233.60	\$269.60	\$293.60	\$353.60	\$413.60
	Direct transport (80km - 110km)	\$276.20	\$312.20	\$336.20	\$396.20	\$456.20
Everyday living						
Domestic assistance	General house cleaning	\$117.00	\$143.75	\$172.50	\$201.25	\$268.75
	Laundry assistance	\$117.00	\$143.75	\$172.50	\$201.25	\$268.75
	Meal preparation assistance	\$120.00	\$156.00	\$180.00	\$240.00	\$300.00
Shopping assistance	Overnight 8 hr sleepover 10pm - 6am * plus 4hrs active support as per Award		\$40.00	\$50.00	\$60.00	\$70.00
	Shopping assistance (1-10km)first hr is inclusive of km's, then standard hrly rate applies	\$134.20	\$170.20	\$194.20	\$254.20	\$314.20
	Shopping assistance(10-30km)	\$162.60	\$198.60	\$222.60	\$282.60	\$342.60
	Shopping assistance (30-50km)	\$191.00	\$227.00	\$251.00	\$311.00	\$371.00
	Shopping assistance (50-80km)	\$233.60	\$269.60	\$293.60	\$353.60	\$413.60
	Shopping assistance (80-110km)	\$276.20	\$312.20	\$336.20	\$396.20	\$456.20
Clinical supports						
Nursing care	Registered nurse	\$185.00	\$231.25	\$277.50	\$323.75	\$416.25
	Enrolled nurse	\$170.00	\$201.50	\$232.50	\$286.75	\$348.75
Care Management	Non-clinical care management	\$155.00	\$187.50	\$225.00	\$262.50	\$337.50
	Clinical care management - Enrolled Nurse	\$185.00	\$231.25	\$277.50	\$323.75	\$416.25
	Clinical care management - Registered Nurse	\$170.00	\$201.50	\$232.50	\$286.75	\$348.75
	Restorative care management	\$190.00	\$237.50	\$285.00	\$332.50	\$427.50
Pricing for common services delivered by associated provider						
Everyday living						
Home maintenance and repairs	Gardening - By Third Party Contract e.g. Mowing	\$109.00	Meal delivery (per meal)	Small meal		\$12.00
	Assistance with home maintenance and repairs	\$120.00		Large meal		\$17.00
Clinical supports						
Allied health therapy assistant		\$135.00	Occupational therapist		\$350.00	
Counsellor or psychotherapist		\$220.00	Podiatrist		\$265.00	
Dietitian or nutritionist		\$258.00	Psychologist		\$295.00	
Exercise physiologist		\$235.00	Social worker		\$253.00	
Physiotherapist		\$258.00	Speech pathologist		\$320.00	
Acupuncturist		\$180.00	Remedial masseuse		\$220.00	
Chiropractor		\$165.00	Art therapist		\$120.00	
Diversional therapist		\$165.00	Osteopath		\$220.00	

Prices above are per standard hour, unless otherwise specified (**Some contractors have 30 min and 45min service rates available, e.g. physio, podiatrist)

Cancellation policy: 48hrs notice requested for cancelling services

Transport pricing is inclusive of associated kilometres with long distance to be negotiated.

Clinical services have a minimum engagement time of 2 hours

Most Independence services have a minimum 2hr service and where we can, and with your flexibility, we can connect your service to avoid maximum charge.