



Support at Home Rates Card - Just Better Care Canberra & South Coast

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Effective Date: 1st July 2026

Pricing for common services delivered by Just Better Care staff					
	Weekday	Weeknight	Saturday	Sunday	Public Holidays
Independence					
Assistance with activities of daily living	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Assistance with self-administration of medication	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Personal Care	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Continence management (non-clinical)	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Social Support - no travel	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Social Support - up to and including 10kms	\$140.00	\$151.00	\$178.50	\$217.50	\$255.50
Social Support - up to and including 25kms	\$158.75	\$169.75	\$197.25	\$236.25	\$274.25
Social Support - up to and including 50kms	\$190.00	\$201.00	\$228.50	\$267.50	\$305.50
Respite Care - Community Based	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Everyday living					
General House Cleaning	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Laundry Services	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Meal preparation	\$127.50	\$138.50	\$166.00	\$205.00	\$243.00
Shopping assistance - up to and including 10kms	\$140.00	\$151.00	\$178.50	\$217.50	\$255.50
Shopping assistance - up to and including 25kms	\$158.75	\$169.75	\$197.25	\$236.25	\$274.25
Shopping assistance - up to and including 50kms	\$190.00	\$201.00	\$228.50	\$267.50	\$305.50
Sleepover - 10pm to 6am - total cost	N/A	\$310.00	\$355.50	\$379.50	\$464.00
Wakeover - 10pm to 6am - per hour	\$138.50	\$166.00	\$205.00	\$243.00	\$254.00
Transport - up to and including 15kms (per trip)	\$82.50	\$88.00	\$102.00	\$121.25	\$140.25
Transport - up to and including 25kms (per trip)	\$126.90	\$136.00	\$156.00	\$185.00	\$213.50
Transport - up to and including 50kms (per trip)	\$190.00	\$201.00	\$229.00	\$267.50	\$305.50
Clinical					
Registered Nurse	\$162.00	\$182.00	\$207.50	\$233.00	\$308.00
Enrolled Nurse	\$137.00	\$142.00	\$167.00	\$225.00	\$271.00
Case Management					
Case Management - Non-Clinical	\$161.50 per hour - charged in 15 minute increments				
Case Management - Clinical	\$172.50 per hour - charged in 15 minute increments				
Pricing for common services delivered by associated provider					
Independence					
Respite Care - Centre Based	\$98.50	Not Currently Available			
Everyday living					
Community Transport	\$53.50	Gardening (per hour)			\$127.50
Indirect Transport - up to 15kms (per trip)	\$64.00	Home maintenance and repairs (per hour)			\$167.50
Indirect Transport - up to 25kms (per trip)	\$89.00	Laundry Services			\$92.50
Indirect Transport - up to 50kms (per trip)	\$138.00	Meal delivery (per meal)			\$25.00
Allied Health - per hour					
Acupuncturist	\$132.50	Occupational therapist			\$238.50
Allied health therapy assistant	\$122.50	Physiotherapist			\$238.50
Chiropractor	\$152.50	Podiatrist			\$318.50
Counsellor or psychotherapist	\$197.50	Psychologist			\$187.50
Dietitian or nutritionist	\$247.50	Remedial masseuse			\$179.50
Exercise physiologist	\$236.00	Speech pathologist			\$227.50

At Just Better Care, each person is treated as an individual, that's why we offer a tailored service to suit your needs.
Please contact us for further details.

Cancellations with less than 24 hours notice will be charged at full service rate