



Support at Home Rates Card - Just Better Care Central Coast

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Effective Date: 1st July 2026

Pricing for common services delivered by Just Better Care staff

Service type	Service	Weekday	Weeknight	Saturday	Sunday	Public holidays
Independence						
Personal care	Assistance with self-care and activities of daily living	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Assistance with the self-administration of medication	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Continence management (non-clinical)	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
Social support and community engagement	Individual social support	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Accompanied activities	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Cultural support	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Digital education and support	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Assistance to maintain personal affairs	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
Respite	Respite care	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Inactive Sleepover - Respite Care per hour (min 8 hours - 10pm-6am)	N/A	\$ 34.26	\$ 43.26	\$ 43.26	\$ 52.91
Social support and community engagement with transport	1-15km	\$ 141.94	\$ 168.65	\$ 189.60	\$ 227.30	\$ 294.35
	16-30km	\$ 163.93	\$ 190.65	\$ 211.60	\$ 249.30	\$ 316.35
	31-45km	\$ 185.93	\$ 212.65	\$ 233.60	\$ 271.30	\$ 338.35
Everyday living						
Domestic assistance	General house cleaning	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Laundry services	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
	Shopping assistance	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
Shopping assistance with transport	1-15km	\$ 141.94	\$ 168.65	\$ 189.60	\$ 227.30	\$ 294.35
	16-30km	\$ 163.93	\$ 190.65	\$ 211.60	\$ 249.30	\$ 316.35
	31-45km	\$ 185.93	\$ 212.65	\$ 233.60	\$ 271.30	\$ 338.35
Meals	Meal preparation	\$ 119.94	\$ 146.65	\$ 167.60	\$ 205.31	\$ 272.35
Clinical supports						
Nursing care	Registered nurse	\$ 185.00	\$ 220.35	\$ 253.98	\$ 288.22	\$ 332.13
	Enrolled nurse	\$ 150.00	\$ 180.17	\$ 211.60	\$ 253.50	\$ 301.73
Care management	Non-clinical care management	\$ 165.00	N/A	N/A	N/A	N/A
	Clinical care management	\$ 185.00	N/A	N/A	N/A	N/A
	Restorative/End of Life care management	\$ 185.00	N/A	N/A	N/A	N/A

Pricing for common services delivered by Associated Provider*

Everyday living									
Home maintenance and repairs	Gardening	\$	120.00	Meal delivery (per meal)	\$	15.00			
	Assistance with home maintenance and repairs	\$	120.00						
Clinical supports									
Counsellor or psychotherapist		\$	180.00	Physiotherapist		\$	235.00		
Dietitian or nutritionist		\$	225.00	Podiatrist		\$	230.00		
Exercise physiologist		\$	200.00	Psychologist		\$	285.00		
Occupational therapist		\$	246.00	Speech pathologist		\$	230.00		
Independence									
Acupuncturist		\$	160.00	Remedial massage		\$	220.00		
Chiropractor		\$	150.00	Art therapist		\$	150.00		
Osteopath		\$	160.00						

Prices are per hour, unless otherwise specified

Cancellation policy: ** Service must be cancelled prior to 5pm the business day before the service or the full service fee will be charged**

***Associated Provider Services:** The prices listed above are indicative only and represent our most common charges for services delivered by Associated Providers. The final charge will be based on the Associated Provider's invoice plus a 20% administration and coordination fee. This fee contributes to Just Better Care's responsibilities as an approved provider, including service coordination, quality oversight, compliance, invoicing, claiming, payment processing, and reporting requirements.

Assistive Technology (AT): A procurement and administration fee equal to 10% of the total cost of the assistive technology item(s), or \$500.00 (whichever is lower), will be applied. This fee contributes to sourcing, procurement, coordination, administration, payment processing, and compliance requirements.

Home Modifications (HM): A coordination and administration fee equal to 15% of the approved home modification cost, or \$1,500.00 (whichever is lower), will be applied. This fee contributes to quotation management, contractor coordination, administration, compliance, payment processing, and project oversight requirements.

Social Support & Community Engagement / Shopping (with Transport): For services exceeding one hour in duration, the transport-inclusive rate (which incorporates applicable kilometre charges) will apply to the first hour only unless above 45kms. All subsequent service hours will be charged at the standard service rate, with no additional kilometre charges applied.

GST is not applicable for government funded Support at Home funding, and therefore the above prices are GST exclusive.