

**Support at Home Rates Card - Just Better Care Mid North Coast**

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**Effective Date: 1st March 2026**

<b>Pricing for common services delivered by Just Better Care staff</b>					
	<b>Weekday</b>	<b>Weeknight</b>	<b>Saturday</b>	<b>Sunday</b>	<b>Public holidays</b>
<b>Independence</b>					
Personal care	\$116.00	\$134.00	\$174.00	\$190.00	\$230.00
Meal preparation	\$116.00	\$134.00	\$174.00	\$190.00	\$230.00
Respite care	\$116.00	\$134.00	\$174.00	\$190.00	\$230.00
Sleepover	-	\$407.00	\$483.00	\$483.00	\$527.00
Social support and community engagement - No transport	\$116.00	\$134.00	\$174.00	\$190.00	\$230.00
Social support and community engagement - 15km Allowance	\$134.00	\$152.00	\$192.00	\$208.00	\$248.00
Social support and community engagement - 30km Allowance	\$152.00	\$170.00	\$210.00	\$226.00	\$266.00
Social support and community engagement - 45km Allowance	\$170.00	\$188.00	\$228.00	\$244.00	\$284.00
Social support and community engagement - up to 60km Allowance	\$188.00	\$206.00	\$246.00	\$262.00	\$302.00
<b>Everyday living</b>					
Domestic assistance	\$ 113.00				
<b>Clinical</b>					
Registered Nurse	\$180.00	\$207.00	\$270.00	\$360.00	\$450.00
Enrolled Nurse	\$160.00	\$172.00	\$221.00	\$255.00	\$292.00
<b>Pricing for common services delivered by associated provider</b>					
<b>Everyday living</b>					
Domestic assistance	\$130.00	Meal delivery (per meal) Large			\$16.00
Gardening	\$115.00	Meal delivery (per meal) Small			\$6.00
Home maintenance and repairs	\$180.00				
<b>Clinical</b>					
Allied health assistant	\$150.00	Aboriginal & Torres Strait Islander health worker			\$140.00
Dietitian	\$250.00	Physiotherapist - group/class			\$45.00
Exercise physiologist - group/class	\$45.00	Physiotherapist - in clinic			\$250.00
Exercise physiologist - in clinic	\$250.00	Physiotherapist - in home			\$335.00
Exercise physiologist - in home	\$335.00	Podiatrist - in clinic			\$280.00
Occupational therapist	\$365.00	Podiatrist - in home			\$360.00
Osteopathy	\$520.00	Psychologist			\$320.00
Osteopathy - group/class	\$80.00	Speech pathology			\$320.00
<b>Independence</b>					
Remedial Massage	\$200.00	Community Centre Based Respite			\$50.00

**Note:** Prices are per hour, unless otherwise specified

**Cancellation policy: 48 hours notice or full charge payable**